

HOSTS



HOT TOPIC CONFERENCE Obesity & Mental Health

JUNE 26 – 28, 2012 | TORONTO, ON

Although obesity and mental illness are major health issues that affect millions of Canadians, the link between them is often misunderstood. Join the **Canadian Obesity Network-Réseau canadien en obésité**, the **International Association for the Study of Obesity** and the **Centre for Addiction and Mental Health** for this innovative three-day workshop. Designed to provide practical guidance for all health professionals as well as to identify research priorities, this Hot Topic Conference is a one-of-a-kind opportunity to understand what can be done when mental illness and obesity overlap.

LEARNING OBJECTIVES

To provide participants with a sound understanding of the scientific and methodological issues in obesity and mental illness research and practice.

- To build participants knowledge and understanding in the areas of:
 - ✓ Clinical assessment and management of patients with obesity and mental illness
 - ✓ Current evidence and best practices in psychological and behavioural interventions
 - ✓ Current evidence on emerging pharmacological treatments for obesity and mental illness
 - ✓ Current understanding the neuropsychobiology of ingestive behaviour and mental health disorders
 - ✓ Interdisciplinary obesity research and practice
 - ✓ Bias and stigma associated with obesity and mental illness
- To generate research priorities in the emerging field of obesity and mental illness

TARGET AUDIENCE

Mental health practitioners, primary care providers and other allied healthcare professionals, as well as researchers.

COST:

CON-RCO and/or IASO Member: \$600 CAD
(includes syllabus, full program, 1 night accommodation, meals)

Non-member: \$750 CAD
CON and/or IASO Member: \$450 CAD
(without accommodation)

CERTIFICATE OF COMPLETION

Delegates who complete the Obesity and Mental Health Hot Topic Conference in full will receive a certificate of completion. Certificates can be picked up at the end of the conference, or will be sent out by mail. The program offers SCOPE points which contribute to attaining accreditation from IASO's International Obesity Education program.

The internationally recognised obesity education programme, Specialist Certification of Obesity Professional Education (SCOPE), recognises obesity management professionals the world over.



Details coming soon: www.obesitynetwork.ca and www.iaso.org